

*Eden Aldrich, RNP*

**STANDING ORDER**

**ARTHRITIS-MYALGIA**

**I. ASSESSMENT**

- A. Obtain medical history and data on any recent injury.
- B. Take vital signs, including temperature if indicated.
- C. Assess for joint inflammation, pain, swelling, stiffness, deformity, loss of mobility and muscle spasms.

**II. MANAGEMENT**

- A. Ibuprofen, 400 mg BID PRN may be purchased during A.M. and P.M. medication pass.

**III. EVALUATION**

- A. If signs and symptoms persist, contact Facility Provider for orders.